

BRANDIE SELLERS, M.S., LPC, AASECT-Certified Sex Therapist

brandie@sellerscounseling.com/972-244-3262

University Education

Southern Methodist University * Dallas, TX * Master of Science in Counseling	2018
Counselor in Training Student of Distinction: Outstanding Service to the Program	
Austin College * Sherman, TX * Bachelor of the Arts	1995
College Year In Athens	1993

Counseling-Related Experience

Sellers Counseling - Timnath, CO	December 2020 - Present
---	--------------------------------

Owner and Therapist

- Provide individual, couples, and group counseling to adults with various presenting issues - Specializing in oncology, sex therapy, trauma/EMDR, and ketamine-assisted psychotherapy
- Groups including sexuality for cancer survivors, sexuality education for parents, support groups for parents of transgender children, sexuality and menopause
- Market practice to physicians, hospitals, and the public through networking and social media
- All aspects of practice ownership
- Free workshops for public via zoom to learn about transgender issues and trans-affirming medical care

I Choose Change - Allen, TX	August 2018 - 2020
------------------------------------	---------------------------

Counselor

- Provide individual & group counseling to adults with various presenting issues; Specializing in oncology, sexuality, and EMDR
- Conduct cancer support groups and self-care groups
- Market practice to physicians, hospitals, and the public through networking and social media
- Case management, case presentation, clinical note writing, & file management

Southeastern Oklahoma State University - Durant, OK	2018
--	-------------

Adjunct Professor of Psychology

- Design coursework and instruct undergraduate students for asynchronous online class

Frisco Counseling and Wellness - Frisco, TX	January 2018 - June 2018
--	---------------------------------

Masters Level Intern Counselor

- Provide individual & group counseling to adults with various presenting issues, such as medical trauma, domestic violence, assault, shame, relationship, and sexual issues
- Conduct psycho-educational cancer support groups and self-care groups
- Case management, case presentation, clinical note writing, & file management using Simple Practice

Self - Employed - Timnath, CO	2004 - Current
--------------------------------------	-----------------------

Professional Yoga Educator, Speaker, Writer

- Teach yoga, mindfulness, and Ayurveda to groups and individuals to improve emotional, mental, and physical health
- Create and present workshops for groups to explore mindfulness and self-care
- Create and conduct yoga classes for couples to foster connection and relationship foundation building
- Create and present continuing education seminars for other yoga educators on the topics of teaching yoga to cancer survivors and self-care
- Frequent speaker on Cancer Survivorship, Meditation, Sexuality and Cancer, and other cancer-related issues to support groups at Baylor McKinney and Baylor Irving
- Contributing blogger for Cancerwise.org
- Author - "Ease Your Mind: Meditations for Cancer Patients" (Published in 2014)
- Dallas Morning News Voices Community Columnist (2010 - 2011)

Professional and Academic Presentations/Publications

- Expert Guest on “Kissing in a Tree” podcast (2023, illness and sex)
- Transgender 101 & Trans Affirming Healthcare for Children Workshop (2022)
- Purity Culture & Sexuality, a brief presentation (2022)
- Desire Discrepancy, a self-paced guide for therapists, counselors, and educators (2022)
- Lecture on starting a private practice for Masters in Counseling Program at Tarleton State University (2021)
- Expert Guest on “Her Sexual Space” podcast (2021, Cancer, Menopause, and Sexuality)
- Woman’s Day Featured Mental Health Expert about breast cancer (October 2019 Issue)
- Expert Guest on “Sex Talk with Erika Miley” podcast (October 2019, Sex & Cancer Episode)
- Mental Health speaker for Barbara Cares Foundation (October 2019)
- Created and presented, “Counseling Cancer Patients,” a continuing education class for counselors (2019)
- Guest speaker for SMU Sexuality Therapy Graduate Counseling Classes on the topic of cancer and sexuality (2016 - 2017)
- Guest Speaker and Yoga Teacher at Life is a Verb Camp with New York Times Best Selling Author Patti Digh (2013-2019)
- Frequent speaker on Cancer Survivorship, Meditation, Sexuality and Cancer, and other cancer-related issues to support groups at Baylor McKinney and Baylor Irving (2012-2022)
- Keynote speaker at Baylor McKinney Breast Cancer Awareness Luncheon (2013 & 2016)
- Keynote speaker at McKinney Relay for Life Survivor Dinner (2013)

Licensure

Licensed Professional Counselor, State of Colorado License #18596

Licensed Professional Counselor, State of Texas License #80131

Professional Organization Memberships

- American Association of Sex Educators, Counselors, and Therapists (AASECT)
- Colorado Counseling Association
- Sexual Health Alliance
- 500-HR Certified Yoga Teacher
- Journey Clinical
- National Board of Certified Counselors

Counseling Trainings

- Expanding Sex Therapy with Art by Denver AASECT (2023 - 1CE)
- Ketamine and Psychedelic Medicine Training with PRATI (2023 - 32 CE)
- LPC Supervision Training with Colorado Counseling Association (2023 - 6 CE)
- Exploring Future Directions for Relational & Sex Therapy w/MDMA-Assisted Psychotherapy by Denver AASECT (2023 - 1CE)
- Sex Work Literacy In Your Office by Denver AASECT (2023 1CE)
- Beyond Sex Addiction with Doug Braun-Harvey (2023 - 6CE)
- Engaging with Media & Building an Online Presence Summit with Sexual Health Alliance (2022 - 16CE)
- Ethics of Intake and Consent Forms with Laurel Clement, JD, LPC (2022 - 1.5CE)
- LGBTQIA+ Youth and Sexual Health with Al Killen-Harvey, LCSW (2022 - 5CE)
- Gender Expansive and Autistic Intersectionality with Texas Counseling Association (2022 - 1CE)
- No Surprises Act ethics education with Laurel Clement, JD, LPC (2022 - 1.5CE)

- Integrating Sexual Health with Male Victims of Abuse with Al Killen-Harvey, LCSW (2022 - 4CE)
- Sexual Health Alliance - completed sex therapy training (2022)
 - Sex Therapy Modules 63CE
 - Sexual Attitudes and Reassessment with Dr. David Ley and Heather McPherson, LPCS, CST 12CE
 - Science of Fantasies & Desire with Dr. Justin Lehmler 16CE
 - Our Intimate Selves: Exploring Sex, Gender, Orientation, and Transgender Awareness with Lee Harrington 16CE
 - Rapid Assessment & Male Sexual Health with Dr. Stephen Snyder 8CE
 - Sex Education and Sexuality in Muslim Communities with Sameera Qureshi, MS 8CE
- Anxiety, Sex, and Reproductive Health with Sexual Health Alliance (2020 - 16CE)
- Abuse within the BDSM Community: Increasing Cultural Awareness & Minimizing Misconceptions - LPC Intern Summit (2020 - 1CE)
- To Degree or Not to Degree: Answers to the PhD Question - LPC Intern Summit (2020 - 1CE)
- Ethical Competence: Addressing Spiritual & LGBT Issues in Clinical & Community Settings - LPC Intern Summit (2020 - 1CE)
- Case Conceptualization & Complex Diagnosis - LPC Intern Summit (2020 - 1CE)
- Memory Reconciliation, The Flash Technique and EMDR with Philip Manfield/EMDRIA (2021 - 6CE)
- Neurofeedback: Healing the Brain and Body at Carrollton Springs Hospital (2019 - 1CE)
- What Shapes a Life: The Patterns We Live By by Michael Conforti, Pd.D (2019 - 4.5 CE)
- EMDR (2019)
- Journey of Hope Grief Support Group Facilitator Training (2018 - 14CE)
- The Art of Self Care: Embodying Well-being with Action Methods by Bridging Harts Psychodrama Training Institute Katrena Hart (2017 - 9.5CE)
- Walking With Silent Sorrows: Assisting Grieving Clients by Mark Hundley at SMU (2017 - 7CE)
- When Pornography is an Issue: Innovative Approach to Couples Counseling & Psychotherapy with Dr. Marty Klein (2017 - 3CE)
- Transcending Technique: The Spirituality of Gestalt Therapy with Jack Worthy at SMU (2016 - 6CE)

Relevant Volunteer Positions

Journey of Hope, Grief Group Facilitator (2018 - 2019)

International Survivors of Suicide Loss Day (group facilitator 2018 - 2021)

Hope Rising, Expressive Arts Facilitator for domestic violence and sexual assault survivors (2014 - 2019)

Journey to Healing, Group Facilitator for cancer retreats for survivors and caregivers (2014 - 2015)

Planned Parenthood Patient Escort (2023 - present)